



# the Caring and Sharing Exchange

*People helping people since 1915*



ANNUAL REPORT  
2012-2013



# WAYS YOU CAN HELP

## DONATE

Choose a monetary donation to help us make a difference in the lives of Ottawa's economically challenged community members. You can donate by calling our office at 613-226-6434 or by visiting our website at [www.CaringandSharing.ca](http://www.CaringandSharing.ca). You can donate to the Christmas Exchange Program, the Sharing in Student Success Program, or to ensure your donation goes where it is needed most, to the umbrella organization. To help even further, consider becoming a monthly donor.

## FUNDRAISE

Why not turn your next event into a Caring and Sharing Exchange fundraiser?

We are grateful to the numerous individuals and organizations who host third-party fundraising events for our cause throughout the year. If you are interested in hosting an event, please contact our office at 613-226-6434 to discuss your great ideas!

There are many types of events that can be held as fundraisers, including: concerts, bake sales, garage sales, comedy nights, fashion shows, auctions, casual days, car washes, BBQs and so many more!

## VOLUNTEER

We have a wide range of volunteer opportunities for those looking to contribute their valuable time to help further our cause.

Some of the opportunities available to motivated and engaged community members include:

Special Events Committee  
Computer Data Entry

Phone Calls  
Envelope Stuffing

Special Events Assistance  
...and much more!

## STAY CONNECTED

Be sure to stay up to date with the Caring and Sharing Exchange by following us year round!

FACEBOOK



[Facebook.com/CaringSharingExchange](https://www.facebook.com/CaringSharingExchange)

TWITTER



[Twitter.com/CS\\_Exchange](https://twitter.com/CS_Exchange)

FLICKR



[Flickr.com/CS\\_Exchange](https://www.flickr.com/photos/CS_Exchange/)

YOUTUBE



[Youtube.com/CarigandSharingXa](https://www.youtube.com/channel/UCarigandSharingXa)

PINTEREST



[Pinterest.com/CarigandSharing](https://www.pinterest.com/CarigandSharing)



# the Caring and Sharing Exchange

*People helping people since 1915*

## OUR MISSION

To co-ordinate services for organizations such as social agencies, schools, health services and faith communities in the Greater Ottawa Area. To provide assistance to families and individuals in the Great Ottawa Area who face economic hardship.

## OUR VALUES

The Caring and Sharing Exchange is a local charity dedicated to:

- Delivering our services equitably and fairly, with dignity and respect
- Providing our services as efficiently as possible
- Being accountable to our clients, donors and the public

## OUR PROGRAMS

Christmas Exchange Program  
Co-ordination Service

Sharing in Student Success Program  
Kindness Week

## LOOKING BACK: THE PRESIDENT'S REFLECTION

As I reflect back on the year that is now behind us, I can see that the Caring and Sharing Exchange (C&SE) achieved many successes. Here are just a few of the highlights:

- The Ottawa's Biggest Bake Sale Event increased its revenue by 12% over the previous year.
- The Running on Empties initiative at Ottawa Beer Stores celebrated its 25th Anniversary with a 52% increase in dollars raised.
- Together with our partner Agencies, the C&SE Co-ordination Service identified duplicate applications which saved the community the equivalent of an incredible \$616,000 last year alone!
- We became the new home of Kind Ottawa and the Kindness Week Initiative - a natural fit for C&SE!
- We secured a grant of software through NetSuite (worth more than \$26,000) that will replace all of our current systems, and most importantly will provide us with a new Co-ordination Service database that will be more efficient for our staff and the 300 partner agencies that we work with.



Board President Don Curtis, left, with fellow Board Directors Wayne Crutchlow and Gillian Depew at the 2012 Christmas Cheer Foundation Breakfast.

### BOARD OF DIRECTORS 2012-2013

#### EXECUTIVE COMMITTEE

Don Curtis, President

Thom Bourne, 1st Vice President

Melissa Rusk, 2nd Vice President

Robert Wild, Treasurer

Tim Wong, Secretary

#### BOARD DIRECTORS

Maryam Awan

Gillian Depew

William Johnson

Paul Lalonde

Patricia Tessier

Howard C. Williamson

Olivia Thomas (from Nov/12-Apr/13)

#### UP FOR ELECTION

Wayne Crutchlow (from Nov/12)

Jose Lazo (from Nov/12)

Erin Johnstone

Dr. Andrea Lee

Brent Percival

The year brought some tough economic times that C&SE and many non-profit organizations in Ottawa were not immune from. The unfortunate reality in this business is that the need for assistance increases in proportion to the decline in donations. Although we were left with a significant waiting list, we are proud that we were able to provide assistance to over 10,000 individuals at Christmas and close to 1,000 children at back to school time. At the same time, through our Co-ordination Service, we have continued to ensure that there is no duplication in service and that as a result every dollar stretches as far as it possibly can community-wide.

I am extremely grateful for the amazing group of Directors that I have had the pleasure to work alongside this past year. This year we say goodbye to our Treasurer, Bob Wild, who joined the Board of Directors back in 2010 and has been a genuine asset to the C&SE. He will be missed.

At this AGM, the Board of Directors has selected five directors for approval. Those nominated are: Wayne Crutchlow, Jose Lazo, Erin Johnstone, Dr. Andrea Lee and Brent Percival. I look forward to working with the 2013 Board of Directors.

C&SE is funded 100% through the generosity of individuals, businesses and foundations. We look forward to continuing to strengthen our relationships with our donors, including exploring new ways of giving. We will also continue to work with our partner agencies to strengthen our Co-ordination Service and ensure that our program delivery is as efficient as possible. We will strive to build new partnerships with a view to further our mission.

With our 100th Anniversary just two short years away, the future for C&SE looks bright. We look forward to further enhancing our programs by staying true to our mission and taking into consideration the ever-changing needs of the Greater Ottawa community. As always, we will continue our focus of equitably assisting those in need at key times of the year and ensuring that dollars stretch as far as they can by the elimination of duplications of service.

DON CURTIS  
PRESIDENT, BOARD OF DIRECTORS

## ON HER FIRST ANNIVERSARY: EXECUTIVE DIRECTOR'S MESSAGE

June of 2013 marks my first full year as the Executive Director of the Caring and Sharing Exchange (C&SE). If there is one thing that has impressed me it is the level of commitment and dedication that the staff, the Board of Directors and each of our 316 volunteers have for this organization. I want to thank all those individuals for making my first year on the job very rewarding. I am also grateful to Tim Wong, who served as Interim Executive Director and made my transition into this position much smoother.

During the year, I have had the pleasure to meet many of our Partner Agencies that share the same passion in helping those in need in the most efficient and cost-effective way as we do. I have heard stories from individuals who have been helped through the services we provide. There is one story that always warms my heart:

*Kathryn was always on the giving end, at Christmas time she would knit baby stockings for the neonatal unit and prepare Christmas hampers for those in need. She also sponsored 3 foster children and 15 elderly people and she still continues to do what she can to help out. In 2002, a tragic three-story fall left her a parapalegic. Despite feeling ashamed she knew it was time to ask for help. She received a food hamper through the Christmas Exchange Program. Despite her situation, she shared that hamper with neighbours that remained on the waiting list. "I shared my food hamper with a senior who didn't get anything," Kathryn wrote in her thank you letter. "So your gift helped two families this Christmas."*

The year 2013 also marked the year that C&SE became the new home of Kindness Week in Ottawa, co-founded by Rabbi Reuven Bulka and United Way Ottawa. What a remarkable week we had! We watched a multi-faith committee welcome surprised arrivals at the Ottawa Airport, the Youville Centre get an Extreme Makeover on their quiet room for young moms and people donating blood all in the name of kindness. We saw kindness spread across the city with local schools taking on their own Kindness Week initiatives and a group even giving out free hugs. C&SE hosted a charity fair at City Hall with special guest H el ene Campbell, we had the opportunity to recognize Ottawa's Emergency Workers, and so much more!



Board member Tim Wong (past Interim Executive Director) and Executive Director Cindy Smith at the 2012 Christmas Cheer Foundation Breakfast.

This year was not without its challenges as we found ourselves short of funds for both the Sharing in Student Success and Christmas Exchange programs and as a result were left with a significant waiting list. This dynamic made us step back and take a look at what we are doing and how we are doing it. We have now committed to not only put more focus on our Fund Development Program, but also to look at new ways of supporting those in need. We are re-inventing our Campaign Cabinet, and looking at engaging new demographics in C&SE such as our city's youth.

As I look ahead, I know that with our great staff team, enthusiastic Board of Directors, devoted group of volunteers and strengthening relationships with our partner agencies, we are ready to face any challenges in the coming year head on.

CINDY SMITH  
EXECUTIVE DIRECTOR

### THE STAFF OF THE CARING AND SHARING EXCHANGE: 2012-2013

Cindy Smith, Executive Director

Sui-Ling Leung, Director of Development and Volunteers

Oludayo Sola-Akinsola, Database Supervisor

Julie S eguin, Communications Coordinator

Ted Ross, Administration and Fundraising Assistant

Gerry Henri, Finance

Soumen Sen, Database Administrator

Merv Shirley, Payables/Receivables

Megan O'Meara, Kindness Week Coordinator

## THE NEW HOME OF KINDNESS: FIRST KINDNESS WEEK REPORT

Six years ago, Rabbi Reuven Bulka had a thought. Why focus all of our efforts in campaigns against violence, bullying and other negative social behaviours, when we can target that energy into promoting kindness in our community? From his point of view, simple kindness is the answer to a safer, happier Ottawa community.

With this perspective in mind, Rabbi Bulka and United Way Ottawa co-founded Kind Ottawa and Kindness Week, and the

### DID YOU KNOW?

Although this is the Caring and Sharing Exchange's first year hosting Kindness Week, the initiative is well established in the Ottawa community. Now in it's sixth year, Kindness Week is a city-wide initiative that encourages community members to **choose to be kind** and recognizes those who engage in every day acts of kindness.

movement has grown into a bright and vibrant tradition. The Caring and Sharing Exchange was thrilled to become the new home of this positive initiative as it entered into its sixth year this past February 2013.

The Caring and Sharing Exchange team had a lot of fun hosting Ottawa's Kindness Week for the first time. With the help of Kind Ottawa chair Rabbi Bulka and a dedicated Kindness Week Steering Committee, we were able to host and support a variety of kind activities.



Local double-lung transplant recipient Hélène Campbell speaks at the charity fair event on February 21, 2013.

The Caring and Sharing Exchange team had a lot of fun hosting Ottawa's Kindness Week for the first time. With the help of Kind Ottawa chair Rabbi Bulka and a dedicated Kindness Week Steering Committee, we were able to host and support a variety of kind activities.



Rabbi Reuven Bulka presents Yasir Naqvi, Ottawa Centre MPP with a surprise United Way Ottawa Community Builder Award at his annual Family Day Skate at Brewer Park.

The week started off strong with an extremely successful launch event, held for the first time at Accora Village. Many community leaders spoke at the event, including Yasir Naqvi MPP Ottawa Centre, Bob Chiarelli MPP Ottawa-West Nepean, Mayor Jim Watson, Councillor Mathieu Fleury, Councillor Mark Taylor, Max Keeping and of course, Rabbi Reuven Bulka.

At the launch event, the Caring and Sharing Exchange took the opportunity to present Kindness Citations to representatives from Ottawa's police, fire and paramedic personnel in recognition of their commitment to the safety of the Ottawa community.

Later in the week, the Caring and Sharing Exchange hosted a charity fair at city hall, which brought a wide variety of organizations together under one roof. The public was invited to explore the various opportunities to assist these groups with their work through volunteering to help make Ottawa a better place to live.

# 2012-2013

At the event, special guest speaker H el ene Campbell spoke to attendees about the simple yet significant act of being an organ donor. Campbell was the recipient of a double-lung transplant and is the young woman behind the #BeAnOrganDonor campaign on Twitter. She is an inspiring member of the Ottawa community and has had an incredible impact on organ and tissue donor awareness. We were fortunate enough to have her at our event a mere two days after she appeared on the Ellen DeGeneres show, and as a result the charity fair received a great deal of media coverage.

On the last day of Kindness Week, local designer Sonya Kinkade and her team revealed their makeover of a room for moms at the Youville Centre. For the past three years, Kinkade and her team have chosen a local organization to be the recipient of an Extreme Makeover: Kindness Edition. All of the labour and materials are generously donated by local businesses and the community, as well as Kinkade herself.

Some of the other kind events that happened throughout the week included a weeklong blood drive with Canadian Blood Services, Family Day skates hosted by local politicians, a multi-faith welcoming committee at the Ottawa Airport, and surprise Community Builder Awards presented to H el ene Campbell and Yasir Naqvi MPP. Many more small third party events were held all over the city, with Accora Village hosting activities at their centre every day of the week and one new local group *Small Gestures Change Lives* even gave out free hugs downtown.

The Caring and Sharing Exchange’s first year with Kindness Week was a huge success overall. As an already well-established initiative it provided both us and our relatively new brand with a great deal of public exposure and media coverage. We are pleased to be the new home of Kindness Week, and look forward to spreading the seeds of kindness in Ottawa for many years to come.



Julie S equin, then communications coordinator, poses next to one of the many Kindness Week bus shelter ads that were featured across the city throughout the month of February.



Chief of Paramedics Anthony DiMonte, Chief of Police Charles Bordeleau, and Assistant Deputy Chief of Fire Services Sean Tracey pose for a photo with Sparicat at the launch event after accepting their Kindness Citations.

## 2013 KINDNESS WEEK STEERING COMMITTEE

**Dr. Rabbi Reuven Bulka**  
Congregation Machzikei Hadas  
Chair of Kind Ottawa

- Sana Qureshi, Accora Village
- Stacey Diffin-Lafleur, United Way Ottawa
- Lindsay Whitty, Office of Yasir Naqvi, MPP
- Melissa Somers, The Flour Shoppe
- Stephen Lau, Salient Marketing
- Kimberly Francoeur, Salient Marketing

## TRADITION AND INNOVATION: OUR PROGRAMS' REPORT

### THE CHRISTMAS EXCHANGE PROGRAM

The Christmas Exchange Program has a long history as the first direct-assistance program provided by the Caring and Sharing Exchange.

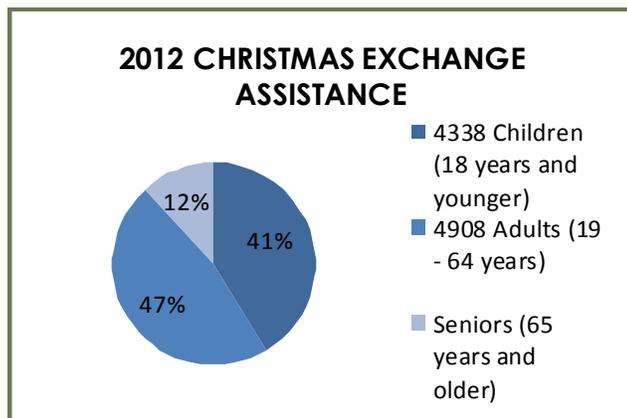
Born in 1915 under the Ottawa Welfare Bureau, the Christmas Exchange assistance program provides those in need with food hampers or redeemable gift vouchers during the holiday season. This program provides residents of the Greater Ottawa area with a sense of hope and dignity during an otherwise difficult time of year.

Kimberley, a new volunteer of the Christmas Exchange Program, revealed that she had received life-changing assistance from the Christmas Exchange 17 years ago.

Christmas Exchange Program	2012
Total number of individuals who requested help city-wide	44,543
Number of individuals helped through other agencies	13,441
Number of individuals helped through the Caring and Sharing Exchange	10,502
Number of duplicates found	2219
Community dollars saved through the elimination of duplication	\$221,900

*"Nobody knew the stress I felt as a mother," Kimberley recalled, "trying to make sure my family always had what they needed while appearing like everything was fine. If you had seen my family that Christmas, you would have seen a normal family of four, having a normal, fun Christmas with full bellies and goodies on the table. And 'normal' felt pretty darn good!"*

#### Who do we help?



#### Hamper Packing



The Caring and Sharing Exchange also takes referrals and provides Co-ordination Services for the Toy Mountain Program.

Toy Mountain	2012
Number of children referred	14,507
Number of duplicates found	2,618
Community dollars saved through the elimination of duplication	\$392,700

## SHARING IN STUDENT SUCCESS

One in five children in Ottawa lives in poverty, yet children from low income families are required to have back-to-school necessities such as basic school supplies, backpacks, lunch kits and the required three pairs of shoes (in-door, out-door and gym).

The Caring and Sharing Exchange helps those children in need by either providing a redeemable gift voucher or a backpack stuffed with school supplies.

**One in five children in Ottawa lives in poverty**

Children who are reduced to carrying supplies in a plastic bag and wearing torn shoes can easily become targets of **bullying and intimidation**. Children just want to fit in with their peers.

With the cost of living what it is today, our program will ease a lot of already-tight budgets and will ensure that children go back to school with their heads held high!



Executive Director Cindy Smith accepts some of the backpacks donated by Giant Tiger from the store's mascot Friendly. The store donated 500 backpacks to the Sharing in Student Success program in the year 2012.

Sharing in Student Success	2012
Total number of applications	2,323
Number of children assisted through other agencies	515
Number of children assisted through the Caring and Sharing Exchange	973
Number of duplicates found	138
Community dollars saved through the elimination of duplication	\$5,520

## THE CO-ORDINATION SERVICE

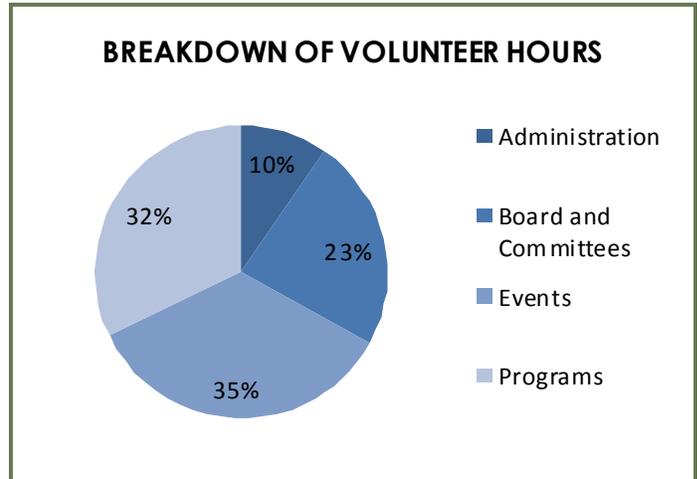
Our Co-ordination Service is the backbone of the Caring and Sharing Exchange. As the reason for our organization's birth back in 1915, the Co-ordination Service we provide to the Ottawa community ensures the donor dollars being given to nearly 300 community organizations are being distributed evenly and fairly.

The Caring and Sharing Exchange works closely with many different agencies that either provide assistance or request assistance for their clients. During this process, we collect the names of the individuals other organizations are helping, as well as the names of the individuals who still need help. C&SE cross-references the names in order to help ensure that (a) all clients in need are matched with an organization providing assistance, and (b) no client is being helped by more than one organization. By running these "duplication checks," we endeavour to ensure that assistance is distributed evenly within the community and that everyone applying for assistance receives it.

**DID YOU KNOW. . . over the last three years, over \$2 million dollars were saved through the Caring and Sharing Exchange Coordination Service?**

## THANK YOU FOR SHARING TIME: THE VOLUNTEER REPORT

Volunteers are a vital part of the Caring and Sharing Exchange. They vary in age and come from all walks of life. Without their support, we would not be able to achieve our mission of assisting families and individuals in need in our community. A total of 2,494 hours were contributed by 316 volunteers in 2012-2013. Volunteers gave their time to help with various activities ranging from being on the Board of Directors and various committees, to helping with envelope stuffing for our donor mail-outs and gift vouchers, data entry of client referrals, toy centre phone calls, hamper packing and delivery, sorting school supplies, general office administration, and at fundraising events.



### VOLUNTEER HOURS

Administration 238 hours  
 Board/Committee 585 hours  
 Events 868 hours  
 Programs 803 hours  
**Total of 2,494 hours**

The Caring and Sharing Exchange once again participated in the Community Action Day on December 6<sup>th</sup> where groups of volunteers from businesses and government donated their time to helping within the community. Ericsson Canada provided volunteers to help us with toy centre phone calls while another group of volunteers from Carleton University helped collect donations at the Christmas Cheer Broadcast held at the Rideau Centre.

For our 25<sup>th</sup> annual Running on Empties event, several service clubs including Kiwanis Club of Nepean, Kiwanis Club of Ottawa-Vanier, Rotary Club of Ottawa Bytown, Rotary Club of South Nepean, Rotary Club of Ottawa, Rotary Club of Ottawa-Stittsville, Rotary Club of Kanata Sunrise, and the National Capital Kin Club provided volunteers to help with collection of empties at the Beer Stores.

*Thank you to all our volunteers who graciously volunteered their time, resources and skills to helping the Caring and Sharing Exchange. We truly appreciate your contribution.*

### OUTSTANDING VOLUNTEER AWARD



We are pleased to present **Bob Kovachik** with the first ever Outstanding Volunteer Award. Bob has been a volunteer with the Caring and Sharing Exchange for 10 years now, and is a huge asset to our organization. He has volunteered 928 hours since he started in 2003.

**Kayla Bernier** is by no means your typical 12 year old. To sum up her personality in one word, Kayla is a "Giver." More specifically, Kayla is very passionate about helping other kids in her community.

Last year, shortly after learning about the Caring and Sharing Exchange, she approached her parents with the idea

### OUTSTANDING YOUTH FUNDRAISER AWARD

of pledging all the proceeds from numerous lemonade and bake sale stands held throughout the summer. She was able to raise over \$500 for our organization.

We are extremely grateful to be the recipient of such kindness, and are proud to recognize such a amazing young community member!



Kayla Bernier sells cookies, cupcakes and lemonade to help fundraise for the Caring and Sharing Exchange last summer 2012.

You're invited to the

# 13th Annual Ottawa's Biggest Bake Sale!



The Caring and Sharing Exchange is excited to once again host Ottawa's Biggest Bake Sale this fall. Half of the proceeds gained by participating bakeries goes toward the *Christmas Exchange* program, which helps economically disadvantaged families during the holiday season.

**When:**

October 11, 2013

9:30 a.m. – 2:00 p.m.

**Where:**

Billings Bridge  
Shopping Centre



the flour shoppe

~ A CUPCAKERY ~

Photo provided by The Flour Shoppe, one of the participating bakeries.

## EVERY NICKEL, EVERY DIME: THE FUNDRAISING REPORT

The Caring and Sharing Exchange is very thankful for the generosity of our individual donors as well as our corporate and community supporters.

As we do not receive any government funding, donations made by individuals, campaigns, businesses, churches, and service clubs through direct mail remain our largest source of funding followed by donations received and designated to the specific programs, revenue generated from special events and grants received from foundations.

Highlights of our annual fundraising events included the following:

### OTTAWA'S BIGGEST BAKE SALE

The 12<sup>th</sup> annual Ottawa's Biggest Bake Sale was held on October 5, 2012 at Billings Bridge Shopping Centre with TD Canada Trust as the presenting sponsor once again. With the participation of nine groups and 15 bakeries, the event was a huge success, **raising over \$6,600**, which was an increase of 12% from previous year. A \$500 gift card donated by Billings Bridge Shopping Centre was raffled off as well, which added to the overall success of the event.



Mayor Jim Watson and Executive Director Cindy Smith pose with Santa Claus at the 12<sup>th</sup> annual Ottawa's Biggest Bake Sale at Billings Bridge.

### PENNIES FOR PORTIONS AND READY TO ROLL

The 17<sup>th</sup> annual Pennies for Portions campaign saw various schools participate by collecting and donating pennies and other loose coins to help families and individuals in need through the Christmas Exchange Program. For the Sharing in Student Success program, the Ready to Roll campaign was created in 2012 and took on the same role by having schools participate by collecting spare change to help economically disadvantaged children in need of school essentials. The combined total amount raised by both campaigns was **\$1,329.00**.



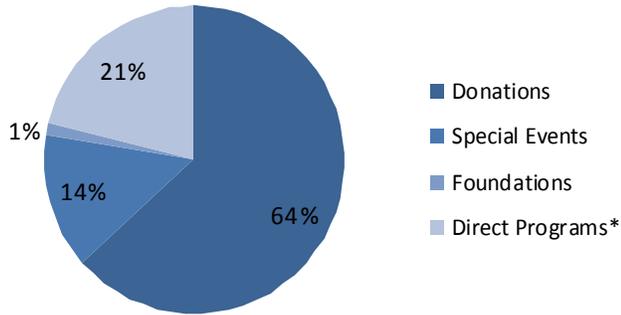
Sui-Ling Leung, Director of Development and Volunteers, accepts a cheque from Nadine Reynaud, Rob MacPherson and Kevin Leonard of the Beer Store in the amount of \$26,642.

### RUNNING ON EMPTIES

The 25<sup>th</sup> annual Running on Empties campaign for the Christmas Exchange program was held on December 15, 2012. The event had over 95 volunteers including some city councillors who helped collect empty beer and wine bottles at 21 Beer Stores in the Ottawa area. Even a few Beer Stores outside of Ottawa contributed donations to the event. For the 25<sup>th</sup> anniversary, the ambitious goal was to raise \$25,000, nearly \$8,000 more than the previous year. With the tremendous support of the Beer Store, volunteers, and most of all, the general public who donated their empties, we managed to not only achieve, but also to surpass our goal and **raised over \$26,600**. Since it started in 1988 **the event has raised over \$320,700** to help families and individuals in need at Christmas. We are grateful for the Beer Store and their continued support.

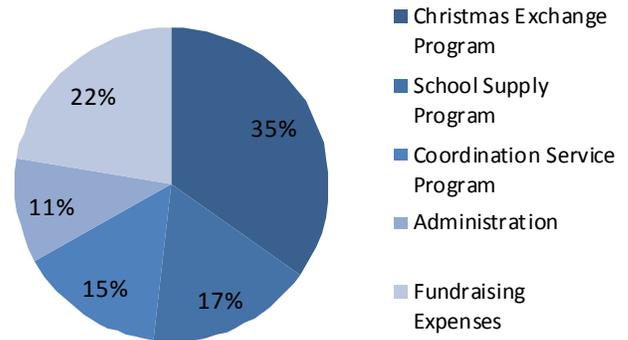
# FINANCIAL SNAPSHOT

## WHERE THE MONEY COMES FROM



\*includes grants allocated to the specific programs

## WHERE THE MONEY GOES



## CAMPAIGN CABINET

The 2012-2013 Caring and Sharing Exchange Campaign Cabinet consisting of community leaders from both the public and private sectors was created to assist us in our fundraising efforts. As this term comes to an end, we would like to thank Doris Ramphos, Chair of the Campaign Cabinet, and the Cabinet members for their support and contribution in 2012. We look forward to working with our new Campaign Cabinet for 2013-2014 under the leadership of newly appointed **Campaign Chair Alfred Jay, Founder, President and CEO of Ramius Corporation.**

Alfred Jay, President and CEO of Ramius Corporation, feels "a responsibility to help those in need in the communities where we work and live."



### OUR 2012-2013 CAMPAIGN CABINET

- |   |  |
|---|--|
| Doris Ramphos<br><i>Chair of the Campaign</i>               | Charles Mirskey<br><i>District Realty</i>        |
| Sandra Blaikie<br><i>Sandra Blaikie Consulting Inc.</i>     | Canin Potetsianakis<br><i>Artist</i>             |
| Thom Bourne<br><i>Nutri-Lawn</i>                            | Terry Shulman<br><i>The Exchange Pub</i>         |
| Kathleen Calagoure<br><i>Gary's Automotive</i>              | Karen Soloman<br><i>CBC Ottawa</i>               |
| Derrick Fage<br><i>Rogers Daytime</i>                       | Tracey St. Germain<br><i>RBC Royal Bank</i>      |
| Erin Giakoumelos<br><i>The Hellenic Community of Ottawa</i> | Brent Timmons<br><i>Brazeau Seller LLP</i>       |
| Robert Gibson<br><i>District Realty</i>                     | Pat Woodcock<br><i>Elite Performance Academy</i> |
| Sheila Love<br><i>The Bostonian Executive Suites Hotel</i>  | Gary James<br><i>Five Guys Burgers and Fries</i> |
| David Martinek<br><i>Recycle Frog</i>                       |  |

## THANK YOU TO OUR SUPPORTERS!

We wish to sincerely thank the following organizations for their invaluable support and contribution in the 2012 – 2013 fiscal year.

Many thanks as well to all our individual and anonymous donors who supported and contributed to the Caring and Sharing Exchange.

### \$10,000+

Christmas Cheer Foundation

Community Foundation of Ottawa: David and Susan Rose Fund and Dr. Merrill Stalker Fund

Ferguslea Properties Limited

The Beer Store

### OUTSTANDING CORPORATE SUPPORTER AWARD

We would like to take this opportunity to recognize **The Beer Store** with our Outstanding Corporate Donor Award for their 25 years of partnership in our Running on Empties campaign.

**Thank you for your contribution!**

### \$5,000 to \$9,999

Erdelyi Karpati Memorial Fund

District Realty Corporation

Fund for a New Generation

J.P. Bickell Foundation

TD Waterhouse Private Investment Advice

### \$1,000 to \$4,999

Adam's Airport Inn

Alterna Savings

Bon Appetit Ottawa

Borden Ladner Gervais LLP

CAA Travel Agency (NEO LMT)

Donna Cona Inc.

DPA Industries Inc.

F. & K. Trudel Enterprises Inc.

Giant Tiger

Hallmark/Davis Agency

IBISKA Telecom Inc.

KOTT Lumber

MHL Management Corporation

Minto Foundation Inc.

Osgoode Properties

Regional Painting

Rotary Club of Nepean-Kanata

Scotiabank

ScotiaMcLeod

TD Canada Trust

The Royal Canadian Legion, Westboro Branch 480

Trinity United Church

True North Public Affairs

## \$500 to \$999

Bromley Road Baptist Church	Riverside Kiwanis Club of Ottawa
Christine Lunn State Farm Insurance	Rockstar Consortium
IODE Laurentian Chapter	Rotary Club of West Ottawa
Kiwanis Club of Nepean	Sander Geophysics
LRL Associés	Sonovision Canada
Minitel Communications Corporation	Thomas J. MacNeil Contracting Ltd
Our Lady of Peace School	Union of Taxation Employees
Phomin Leslie Chartered Accountants	
Resurrection of Our Lord Parish	

## GIFTS-IN-KIND DONORS

Accora Centre	General Assembly Production Centre (GAPC)	Storm Internet Services
Aladdin Bakery	Giant Tiger	Sweet Mama's Bake Shoppe
Banana Republic	inMotion	Swiss Pastries
Billings Bridge Centre	Isobel's Cupcakes & Cookies	Tannis Food Distributors
Bread & Roses Bakery	Kiwanis Club of Ottawa	The EMC
Bridgehead (Bank St & Grove)	Loblaws (Greenbank Rd in Barrhaven)	The Flour Shoppe
Bulk Barn (Billings Bridge Centre)	McKeen's Metro Glebe	The Hellenic Meeting and Reception Centre
Buttercream Bakery	Michaelsdolce Gourmet Confectionery	The Life of Pie
CAA Travel Agency (NEO LMT)	NetSuite	Three Bakers & a Bike
Chelsea Bakery	Nutri-Lawn	Three Tarts
Cielo Print Inc. (City Centre Ave)	Ottawa Bagel Shop & Deli	Valpak
Cityview United Church	Ottawa Citizen	
Clear Channel Outdoor	Ottawa Kiosk	
Costco	Pasticceria Gelateria Italiana Ltd	
Dymon Storage	Rideau Bakery	
Foresters	Second Avenue Sweets	

## THIRD PARTY EVENTS

Thank you to the following individuals, companies and groups that held third party events to benefit the Caring and Sharing Exchange.

Eric Dion	Kelsey Cloutier
Hallmark/Davis Agency	Rebecca Stanisic & Gwen Leron
Iain Reid and Kathleen Edwards	Rockstar Consortium
Kayla Bernier	Steve Walsh

## SPOTLIGHT ON NETSUITE

We are very grateful to NetSuite who awarded us with their NetSuite Mid Market Edition Software. This is a full office suite that will allow us to replace our existing systems and build a brand new Co-ordination Service database. This grant has a value of:

**\$26,445**



the Caring and Sharing Exchange

P.O. Box 5167

Ottawa ON K2C 3H4

613-226-6434

[info@caringandsharing.ca](mailto:info@caringandsharing.ca)

[WWW.CARINGANDSHARING.CA](http://WWW.CARINGANDSHARING.CA)

Charitable Registration Number 13097 9172 RR0001